

**Short Project description:** This Inter-Action Project (IAP) is sponsored by the African-Canadian Resource Network (ACRN), a Saskatchewan non-profit organization and the Government of Canada through the Department of Canadian Heritage. The project seeks to **address the HUMAN, SOCIAL AND ECONOMIC cost of the intersection of OPPRESSION based on PERCEIVED "RACE", GENDER AND RELIGIOUS DIFFERENCES experienced by Canadians of African Descent** in Manitoba, Saskatchewan and British Columbia **towards positive change.**

This purpose of the pre-self-screening questionnaire is to self- assess your readiness for : a) positive **change** and b) level of risk involved for self before engaging in deep critical self-reflection about past experiences of oppression and you being in an oppressor role (i.e. individual's and related social intervening conditions).

Participants in this study will be requested to share only information that they are comfortable with for the purpose of exploring, improve understanding and overcoming oppression.

Completing this questionnaire will take you **15 minutes or less however**, it may require some time of reflection. The questionnaire should be collected the next day after the initial contact for those who choose to reflect on the decision.

**-READINESS FOR CHANGE: (-description to assess attitude about change, awareness of change, desire to change improve; time commitment, willingness to take a challenges to overcome...grow if supported.**

Q 1. After some critical self-reflection about your life –in the past, where you are now and where you'd like to be five years from now- **state in three short sentences why** you are interested in this project.

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Q 2. Please use a tick to indicate the **Level of participation** you are interested in:

Community level \_\_\_\_\_ or

Individual level \_\_\_\_\_

**2.1. Community participants** will need to commit 5 hours during one weekend in October or early November 2018, plus commitment to attend the project conference to be held in Regina during May 17-19, 2019 weekend. We are looking for 8-12 participants from each of the five major cities in Saskatchewan.

**Q 2.1a). How much time in hours (weekends only) are you willing to commit to this project?**

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**Q 2.1b).** Please indicate the city you plan to participate in: Swift-Current [  ] Moose-Jaw [  ]

Regina [  ] Saskatoon [  ] Prince Albert [  ]

**2.2. Individual participants** – the project goal is to recruit 80 to 90 provincial participants comprising of 40 men and 40 women, 50% of which will be between the ages of 19 to 35 (to be classified as youth. They will attend a minimum of three discussion workshops held on Saturdays in Regina and Saskatoon during the months of November –January 2019 (a total of 20 hours). They will also attend the project conference to be held in Regina during May 17-19, 2019 weekend. Meals transport and child-care costs related to participating in this 8 to10 months of anti-oppressive practice intervention program will be covered by the project.

Q. # 2.2. Please use a tick to mark the categories you self-identify with to help us have a representative project study group.

Gender	Female	Male	Other (option to specify)	Category goal 50%/50%
Religion	Christian	Moslem	Other	No specification
Age	Youth (between 19-30)	Adult (30+)		Category goal 50%/50%
Official language and fluency	English: EF [ ] ENF [ ] – i.e. English fluent and not fluent	French : FF [ ] FNF [ ] –i.e. French fluent and not fluent		No specification
Category	Category goal 50%/50%	Category goal 50%/50%		Totals 80-90

**Q # 3 . What is your attitude or state of mind in respect to past and current experience of the oppression (discrimination) and in relation to general changes in life? Please state your response by completing the sentences below.**

a) I \_\_\_\_\_ facing challenges?

b) I \_\_\_\_\_overcoming challenge?

c) What is your current state of mind (attitude) in relation to aspect of your life that you can influence /or believe you are able to control?

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**B. ASSESSMENT of Risk Related Emotional Stress:** safety concerns on a personal and excessive frustration and steps taken.

**Q # 4. Within the context of oppression based on perceived “race”, gender and religious differences:**

a) Do you have any recent incident(s) in your life in the last 1-2 years where you felt that your safety is threatened? Yes [ ] No [ ]

If yes- has the issue(s) been resolved? Yes [ ] no [ ] partly resolved [ ]

b) Do you have any recent incident(s) at the family level where you felt that your safety is threatened? Yes [ ] No [ ]

If yes- has the issue(s) been resolved? Yes [ ] no [ ] partly resolved [ ]

c) Do you have any recent incident (s) at the larger public sector level where you felt that your safety is threatened? Yes [ ] No [ ]

If yes- has the issue(s) been resolved? Yes [ ] no [ ] partly resolved [ ]

d) In general - do you have past incident (s) that you still feel threaten your safety?

If yes – can you briefly state the context of the ones you are ready to resolve?

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