Visual Model for a Mixed Method Research and Social Development Project {ACRN –IAP}

Time Line	Project Phase II Main Activities	Method	Outcomes
May – Sept 2018	• Focusing the project by clarifying the need & objective • Dev. of preliminary intervention module	• Literature Review • Resource & Community & Mobilization	❖ Clear definition of need (problem) and project objectives ❖ Preliminary Learning / Teaching (intervention) Module ❖ Identification of resource gaps ❖ Research Title, Design, Questions & R/Instruments ❖ REB Application process
Oct '18 – Jul '19	**Community Discussions & Qualitative data collection in MB, SK and BC**	**Project Context & Focused Group Discussions** (8-12 community leaders each) 1-2 cities in MB & BC and up to 5 cities in SK (i.e. 40 participants) **about oppression within + from outside (in public institutions)** • Designed to support Critical self – reflection & expose nature, role and impact of oppression • Lived experience knowledge • Critique of oppression at the personal, inter-personal,	❖ **Case examples, Theme & Strategies towards positive change** at: a) Personal(internalizedoppression) b) Inter-personal c) Institutional level and d) Cultural levels ❖ Recommendation/ **Recruitment of individual participants in SK**
	Quantitative & Qualitative data collection (Individuals & SK only)	-Project Context & Demographic Questionnaire – and -Standardized Life Satisfaction Questionnaire administration as part of Quasi-Experimental research with individual participants (80-90)pre- intervention. -Focused group discussions	❖ Quantitative data on life satisfaction (pre-intervention data) & Qualitative data as above…
	Intervention at individual level (6-10 months) SK only	• **Workshop Discussions with individual (80 to-90) in SK.** using an AOP Training / Learning module aimed at Advancing HR values & Well-Being • **Career/ Employment Psycho-**social support and counselling as needed	❖ Workshops Discussions at individuals (SK) and Institutional levels in MB, SK, BC - Raised awareness of the o Intersecting nature, levels and forms of oppression o Human, social & economic cost of oppression o Strategies and processes of overcoming internalized and other forms of oppression ❖ Refined Training /Learning Module ❖ Prelim. Identification of needs in African Canadian Community. o And Gaps in public services ❖ Interprovincial collaborations and reports
	Intervention at institutional level (public service agencies SL, MB, BC individual level SK only	• **Workshop discussion at institutional level** (min. 2 sessions each) in MB/SK/ BC in collaboration with HR Commissions to share findings from focused group discussions	
	Intervention Project conference May 17 – 19, 2019	• **Interprovincial Conference** to share preliminary research findings with community and policy makers held in Regina- May, 2019(MB, SK & BC)	
	Quantitative data collection SK only	Post intervention questionnaire administration- only individual participants	Quantitative data on life satisfaction (post intervention data)
	Project Phase III		
Aug - Nov 2019 Dec' 2019 – Mar 2020	**Final Report**	• Final Data Analysis and Writing of Report • Final Project Report and Debriefs with Study Participants & other Stakeholders	❖ Comprehensive report with qualitative (theme& case stories) and quantitative data (impact after intervention)& recommendations to support positive change at o Personal & Inter-pers… o Cultural o Institutional/Structural o Public policy levels ❖ Refined Anti-Oppressive Practice (AOP) Training /Learning Module