

Appendix PR2.3 : ACRN-IAP Life Satisfaction Questionnaire (15-20 minutes)

Participants Code # _____

GEN_R005

The next questions are about your health from Statistics Canada Health Standardized Questions. By health, we mean not only the absence of disease or injury but also physical, mental and social well-being.

General health (GEN) - Question identifier:**GEN_Q005**

In general, would you say your health is... ?

- 1: Excellent
- 2: Very good
- 3: Good
- 4: Fair
- 5: Poor
- 8: RF
- 9: DK

General health (GEN) - Question identifier:**GEN_Q010**

Using a scale of 0 to 10, where 0 means "Very dissatisfied" and 10 means "Very satisfied", how do you feel about your life as a whole right now?

Min = 0; Max = 10

General health (GEN) - Question identifier:**GEN_Q015**

In general, would you say your mental health is...?

- 1: Excellent
- 2: Very good
- 3: Good
- 4: Fair
- 5: Poor
- 8: RF
- 9: DK

General health (GEN) - Question identifier:**GEN_Q020**

Thinking about the amount of stress in your life, would you say that most of your days are...?

- 1: Not at all stressful
- 2: Not very stressful
- 3: A bit stressful
- 4: Quite a bit stressful
- 5: Extremely stressful
- 8: RF
- 9: DK

General health (GEN) - Question identifier:**GEN_R025**

The next question is about your main job or business in the past 12 months.

General health (GEN) - Question identifier:**GEN_Q025**

Would you say that most days at work were...?

- 1: Not at all stressful
- 2: Not very stressful
- 3: A bit stressful
- 4: Quite a bit stressful
- 5: Extremely stressful
- 8: RF
- 9: DK

General health (GEN) - Question identifier:**GEN_Q030**

How would you describe your sense of belonging to your local community? Would you say it is...?

- 1: Very strong
- 2: Somewhat strong
- 3: Somewhat weak
- 4: Very weak
- 8: RF
- 9: DK

Sources of Stress

STS_Q015

Thinking about stress in your day-to-day life, what would you say is the most important thing contributing to feelings of stress you may have?

- 01: Work
- 02: Financial concerns
- 03: Family
- 04: School work
- 05: Time pressures / not enough time
- 06: Health
- 07: Other - Specify
- 08: None
- 98: RF
- 99: DK

Food Security

FSC_Q010

[You and other household members] worried that food would run out before you got money to buy more. Was that often true, sometimes true, or never true in the past 12 months?

- 1: Often true
- 2: Sometimes true
- 3: Never true
- 8: RF
- 9: DK

FSC_Q050

In the past 12 months, did you (personally) ever eat less than you felt you should because there wasn't enough money to buy food?

- 1: Yes
- 2: No
- 8: RF
- 9: DK

Unmet Health Care Needs

UCN_Q010

Thinking of the most recent time you felt this way, why didn't you get care?

- 01: Care not available in the area

- 02: Care not available at time required (e.g., doctor busy, away from office or no longer at that practice, inconvenient hours)
- 03: Do not have a regular health care provider
- 04: Waiting time too long
- 05: Appointment was cancelled
- 06: Felt would receive inadequate care
- 07: Cost
- 08: Decided not to seek care
- 09: Doctor didn't think it was necessary
- 10: Transportation issue
- 11: Other
- 98: RF
- 99: DK

Social Provisions

SPS_Q005

There are people I can depend on to help me if I really need it.

- 1: Strongly agree
- 2: Agree
- 3: Disagree
- 4: Strongly disagree
- 8: RF
- 9: DK

PS: More research questions may be done to ensure this questionnaire covers the health (human) social and economic well-being. on this questionnaire